

Training Lesson Plan

Warrenville Police 2023 Indoor Range Training

College of DuPage Homeland Security Training Institute

Instructor Course Synopsis 2023 Indoor Range Training

PURPOSE OF COURSE: To Maintain and improve the tactical firearm and survival skills of each sworn member of the Warrenville Police Department

COURSE DESCRIPTION: In Service Indoor Range Training

COURSE GOALS: The goals of this course are as follows:

- Provide student/officers with enhanced skills with pistol and rifle
- Provide student/officers with enhanced officer rescue skills
- Develop firearm skills working under stress and pressure
- Complete required yearly use of force policies
- Demonstrate safe weapon manipulations
- Demonstrate weapons proficiency
- Pass all required testing
- Pass all required instructor led presentations
- Demonstrate improved shooting skills
- Develop a continuing commitment to increasing knowledge and ability

COURSE PREREQUISITES: Current full time/part time sworn departmental members

METHODS OF EVALUATION: Classroom lecture and demonstration by instructors. Instructor led presentations and immersive learning

METHODS OF INSTRUCTION: This course is conducted using the following methods of instruction:

- Live Fire Scenarios
- Stress Courses
- Challenge Courses
- Class discussion of tactics
- Instructor demonstrations

COURSE REFERENCES/BIBLIOGRAPHY:

1. Rifle/Pistol Instructor Program (FBI Chicago Office)
2. Police Firearms Instructor (PTI)
3. Illinois Tactical Officer Association (ITOA) breakout training sessions
4. Suburban Law Enforcement Academy (SLEA, College of DuPage Basic Academy)
5. International Association of Law Enforcement Firearms instructors
6. National Rifle Association
7. Gunsite Academy
8. Warrenville Police Department Use of Force Policy 300
9. Warrenville Police Department Firearms Policy 312

10. Federal Law Enforcement Law Enforcement Training Center (Use of Force/legal aspects)

COURSE REQUIREMENTS/GRADING POLICY: 8 hours

RECOMMENDED INSTRUCTIONAL AIDS: Pistols, Rifles, red guns, targets

ATTENDANCE POLICY: Attendance Mandatory

ACADEMIC INTEGRITY: Instructor led required course

SAFETY PROTOCOLS: All range and firearms safety rules will be strictly adhered to during each session

1. Treat every firearm as if it were loaded
2. Point your firearms in a safe direction — one where an unintentional discharge will cause NO HUMAN INJURY and, at most, minor property damage. AKA “the laser rule”
3. Keep your finger off the trigger and outside the trigger guard, indexed along the frame or slide until you are on target and have decided to fire
4. Be sure of your target/threat, backstop, and beyond
5. Place the SAFETY ON (S/white), if applicable
6. Remove the magazine
7. Cycle the action several times then lock the bolt or slide to the rear
8. Visually and physically inspect the chamber to confirm the firearm is unloaded
9. Wrap around eye protection is MANDATORY
10. Ear protection is MANDATORY
11. Hats (brimmed headwear) are recommended
12. Long sleeve shirt is recommended
13. Do not load/unload unless instructed to do so
14. No stepping in front of the firing line at any point unless instructed to do so
15. If a safety concern is observed all participants are expected to notify other participating members immediately

TOPICAL OUTLINE

- I. Safety Briefing**
- II. Stress Drill #1**
- III. Rifle Presentation Review**
- IV. Team Officer Rescue w/ Shield**
- V. Stress Drill #2**
- VI. Duty Pistol Qualification**

I. Unit of Instruction: Safety Briefing

A. Mandate: Required

B. Number of Hours: 30 mins

C. Unit Description: Firearm Safety Protocols

D. Training Goals:

1. Treat every firearm as if it were loaded
2. Point your firearms in a safe direction
3. Keep your finger off the trigger and outside the trigger guard
4. Be sure of your target/threat, backstop and beyond
5. Place the safety ON, when applicable
6. Remove the magazine
7. Cycle the action several times then lock the bolt or slide to the rear
8. Visually and physically inspect the chamber to confirm the firearm is unloaded
9. Wrap around eye protection is mandatory
10. Ear protection is mandatory
11. Hats (brimmed headwear) is recommended
12. Long sleeve shirt is recommended
13. Do not load/unload unless instructed to do so
14. No stepping in front of the firing line at any point unless instructed to do so
15. If a safety concern is observed all participants are expected to notify other participating members immediately

II. Unit of Instruction: Stress Drill #1

A. Mandate: Required

B. Number of Hours: 1 hr

C. Unit Description: Shooters will run to designated shooting line, load and make ready and conduct shooting drills as instructed

D. Training Goals:

1. Ensure officer is following instructions as provided
2. Ensuring officer is adhering to safety rules
3. Ensuring officer is properly manipulating weapon efficiently and safely
4. Ensuring proper shot placement is made in swift and efficient as possible
5. Ensure proper post shooting sequence is being completed

7

III. Unit of Instruction: Rifle Presentation Review

A. Mandate: Required

B. Number of Hours: 1 hr

C. Unit Description: Rifle skill assessments including post shooting sequence and movements

D. Training Goals:

1. Discuss the preferred target location on the paper silhouette
2. Review step by step presentation drill
3. Review the post shooting sequence
4. Develop muscle memory thru conducting several presentations beginning slowly, increasing speed
5. Create confidence in others by staggering officers to allow for lateral movement drills
6. Develop muscle memory by including reload drills

IV. Unit of Instruction: Team Officer Rescue w/ Shield

A. Mandate: Required

B. Number of Hours: 1.5 hrs

C. Unit Description: Officer will enhance their officer rescue skill and tactics to be able to provide swift aid to an injured officer

D. Training Goals:

1. Discuss safe practices in officer rescue efforts
2. Conduct dry run drills
3. Discuss and demonstrate minimizing officer exposure behind the shield
4. Discuss and demonstrate weapon positioning preferences behind the shield
5. Discuss and demonstrate carry techniques of downed officer
6. Discuss developing a dynamic rescue plan prior to execution
7. Discuss and demonstrate utilization of squad cars for transport vs ambulance
8. Discuss and demonstrate utilizing bandages and tourniquets on downed officer

V. Unit of Instruction: Stress Drill #2

A. Mandate: Required

B. Number of Hours: 1 hr

C. Unit Description: Shooters will run to designated shooting line, load and make ready and conduct shooting drills as instructed

D. Training Goals:

1. Ensure officer is following instructions as provided
2. Ensuring officer is adhering to safety rules
3. Ensuring officer is properly manipulating weapon efficiently and safely
4. Ensuring proper shot placement is made swift and efficient as possible
5. Ensuring proper post shooting sequence is being completed
6. Officer demonstrates ability to hit targets from multiple positions: prone, kneeling and standing and multiple target from multiple locations

VI. Unit of Instruction: Duty Pistol Qualification

A. Mandate: Required

B. Number of Hours: 1 hr

C. Unit Description: Officer's will completed their required yearly departmental shooting qualification mandate as required by the Illinois Law Enforcement and Training Standards Board

D. Training Goals:

DUTY PISTOL QUALIFICATION: (Load Mags 12/12/6)

5 yards – Draw and fire 2 rounds	6 seconds	-	6 times
7 yards – Draw and fire 3 rounds	7 seconds	-	4 times
15 yards – Draw and fire 3 rounds	10 seconds	-	1 time
25 yards – Draw and fire 3 rounds	15 seconds	-	1 time

VII. UNIT OF INSTRUCTION: SUMMARY AND EVALUATION

A. Mandate: Mandatory Training

B. Number of Hours: 8

C. Unit Description: In Service Indoor Range Training

D. Training Goals: The training goals are to provide officers enhanced skills in both rifle and pistol efficiency and competency. The officer will enhance their knowledge and skills in participating in speed drills and officer rescue simulations and scenarios. They will demonstrate the proper application of bandages and tourniquets on a simulated downed/injured officer. They will complete their yearly departmental range qualification for duty pistol. They will demonstrate their competence in firearm safety and proper weapons handling skills.

E. Recommended Instructional Aids: Department rifles/pistols, instructor range gear, silhouette targets, red guns, ballistic shields, squad car(s), bandages/tourniquets